



# THE AMBASSADOR BEACON

VOLUME 1, ISSUE 1

MARCH 22ND, 2010

## FOOD BANK IN REVIEW!

In February, our Student Ambassadors went to the Food Bank of Central & Eastern North Carolina and packed 5,000 pounds of food that would be delivered to families and soup kitchens in a matter of two days. We were disappointed about the amount of food that we had to

throw away because they were dented or didn't have a label, having junk food instead of healthy treats for snacks, and how cold it was in our work place! However, we had a great leader explain the ropes, show us what to do, and provide us with information about the Food

Bank; the food that wasn't thrown away was sent out quickly (two days after packing) to soup kitchens and homes without food; And it only took a few hours to pack thousands of pounds of food.

### SPECIAL POINTS OF INTEREST:

- *Food Bank In Review*
- *Dealing with Controversial Issues*
- *Colors?*
- *Contact Information!*



Student Ambassadors feeling our community one box at a time

## DEALING WITH CONTROVERSIAL ISSUES

As Student Ambassadors and future leaders, it is of the utmost importance to learn how to deal with controversial issues, so Ms. Janet Howard taught our Student

Ambassadors how to! A controversial issue is usually highly emotional, open-ended (meaning it requires more than a yes or a no), creates mass dis-

agreement, and it has to be personal. First, allow your partner to explain the issue. Then, repeat your partner said and add how you feel about



DEALING WITH CONTROVERSIAL ISSUES, CONT'D

subject. Based off of what you had said, your partner will ask a question. Then you will answer the question, and the process begins all over again! The object of dealing with the controversial is-

sue is to reach a coalition (an agreement). However, it is important that when dealing with a controversial issue, we listen as much as we speak and listening is not the

same as agreeing. We can choose our attitudes.

“AS A SOCIETY THAT... HOW CAN WE... WHILE AT THE SAME TIME...”

-UMBRELLA QUESTION TO ASK WHEN DEALING WITH CONTROVERSIAL ISSUES

POTENTIAL COLORS FOR STUDENT AMBASSADORS

Maroon—courage, strength, bravery, and heroism

Green—growth, harmony, freshness, fertility

Pink—love, beauty

Brown —earth, order, convention

Red —action, strength, vitality (energy)

Gold —wealth, prosperity, wisdom

Yellow —wisdom, joy, happiness, intellectual energy

Blue —youth, spiri-

tuality, truth, peace

Gray —security, maturity, sorrow

Pick out a color that you feel best symbolizes Student Ambassadors!



Feeding the Community one box at a time

Contact Information

Our Advisors:

hbwtaskforce.nc.rr.com; jmartz2000@yahoo.com; rocswing@nc.rr.com

Our Officers:

breannalkthomas@hotmail.com; silverwolf14@gmail.com; changa.ngwenya@yahoo.com; mrkbrian@aol.com

\*Our Facebook Group: Harriet B. Webster Student Ambassadors